

## **PACCTV Virtual classes and programs for 7/5/20 – 7/10/20**

### **MONDAY- 7/6**

- 1:00 pm: How to make natural bird feeders with Jenn and special guest Fernando!

### **TUESDAY- 7/7**

- 10:00 am: 15 minute workout with Jenn :
- 8 pm: Night-time story with Carroll

### **WEDNESDAY 7/8**

- 4:30 pm: The Seekers part 1: Amish story with Kris
- 5:00 pm: The Seekers part 2: Amish cooking class with Kim

### **THURSDAY 7/9**

- 4:30 pm: Natural Living: Simple ways to achieve a healthy lifestyle with Kris
- 8 pm: Night-time story with Carroll

### **FRIDAY 7/10**

- 12 pm: Healthy Cooking with Kim- Facebook
- 4:00 pm: TBA activity with Amanda